



Winter 2019-2020

PUERTO DEL SOL NEWSLETTER

Happy New Year Members,

As we enter into the New Year, I'd like to encourage you to take charge of your future and continue to expand your knowledge and opportunities by



participating in the Puerto Del Sol Chapter of the California Workforce Connection. I have learned so much from my experiences; first as a board member and now president of the Puerto Del Sol Chapter. The experience enabled me to have the confidence and talking points when interviewing for promotional opportunities. During my career with EDD Workforce Services I raised my hand to various assignments and projects and made the most of networking opportunities. These efforts prepared me for my new role and reaching my potential. In November I was offered and accepted a new position with the Department of Rehabilitation as a Business Consultant.

Thank you for your generous donations and support in our charitable endeavors. Our two big fundraisers this winter; Scare Away Hunger peanut butter drive and the Marine Corps Toys for Tots, were very successful (page 5). This couldn't have been done without all of you. Our members enable us to offer events benefitting our members, peers, and community. CWC PDS work cannot be done by just a few. Please get involved. You have access to opportunities for growth in the areas of leadership, team work, public speaking, project management. I look forward to hearing from you!

Let us pledge to make the upcoming year one of record growth in membership and further opportunities for the professional growth of our members. I look forward to leading us in this exciting, challenging time and ask you to come along with me to make CWC Puerto Del Sol an outstanding chapter in California.

Sincerely,

Maria Del Rosario Franco
Puerto Del Sol Chapter President



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40th Annual Farm Worker Appreciation Breakfast—Enlightening Experience

By Jennifer Lucy & Lucia Cardona-Garcia

Southern Division Agriculture Business Representative (ABR) Lucia Cardona-Garcia from the Chula Vista AJCC, was invited to volunteer at the 40th Annual Farmer Workers Appreciation Breakfast. The event took place in the wee hours of the morning on December 6th, 2019 at the Calexico Workforce Service Office located at 301 Heber Avenue in Calexico.

This event is renown across the state as one the big Migrant Seasonal Farm Worker (MSFW) events. The Imperial Valley community comes together to make this event successful and it requires months of planning and coordination. The EDD Workforce Service MSFW Outreach Specialist and managers collaborate with the Farmworker Services Coalition of Imperial County, the local government, and many private organizations.

As with every previous year the event began at 12 a.m. With opening ceremonies including several speakers and the traditional prayer. Canopies and bright lights filled the parking lot and tables were set up for the farm workers to sit and enjoy their breakfast. Lucia, was given her apron at the registration table and asked to begin her shift by handing out the goodie bags. There were boxes and boxes of goodie bags which contained a pair of warm gloves, a soft warm hat, as well some information for various resources like free health clinics, free legal advice and EDD flyers from the Monitor Advocate office.

Lucia said, “I started handing the bags and saying hi to the farm laborers. I could notice that most of them were ready for a day’s work. It made me realize how thankful I am for all their hard labor and all they go through. I am thankful for the accessible prices that I have when I go to the market to buy fruits and vegetables; without their skill we will not be able to have this luxury.”



EDD Director Patrick Henning Jr. speaks during opening ceremony of the 40th Annual Farm Worker Appreciation Breakfast in Calexico, CA.

Lucia worked side by side with EDD MFSW Outreach Specialists Marisela Encinas and Diana Garcia until 4:30 a.m. taking turns serving food and handing out prizes. Breakfast comprised of tamales, beans, salsa, a sweet bread for dessert and beverages. Starbucks had a table to serve hot coffee to the farm workers for the duration. A Mariachi band played music and many farm workers danced after eating their breakfast. There was a lot of movement and enthusiasm.

This year the EDD Director Patrick Henning was able to attend again. He walked around talking to the volunteers and the farmers and took a shift serving breakfast. Orange County Deputy Division Chief Rob Claudio who attends every year, grew up in Imperial Valley. Many other organizations including CHP, CET, Imperial County, and many private business sponsors were present.

Lucia confided that she was not prepared or had any previous knowledge of any details of what this event entailed. She felt extremely privileged to have the experience. She said, “I came back to my family and shared my experience and I was able to share the joy of giving some hours to make sure a farmer does not have to worry about what he or she is going to eat at least for one day of the year!”

Winter Wonderland Trivia

Whether or not you hear sleigh bells ringing, winter wonderland is here! Here's a quiz to test your wintertime wisdom and offer you fun facts to impress your family and friends.

1. What is the largest 24-hour snowfall ever measured in the U.S.?

- 4 feet
- 6 feet
- 10 feet
- 13 feet

2. Krampus, the horned half-goat, half-demon creature from Central European folklore, is known for what during the holiday season?

- Bringing fruitcake to families
- Singing Good King Wenceslaus while caroling
- Seeking out children who have misbehaved
- Stealing wooden shoes



3. Which sport was incorporated into the Winter Olympics?

- Snow tubing
- Speed skiing
- Bandy
- Ski ballet



3. Which animal hibernates the longest?

- Bumblebee
- Alpine marmot
- Bear
- Wood frog

4. How many people were part of the largest gathering of holiday sweater-wearers?

- 3,473
- 1,201
- 6,552
- 992



Winter Wonderland Trivia

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b. 6 feet. It's 6.3 feet to be exact. This amount fell in a 24-hour period in Silver Lake, Colorado on April 14-15, 1921, according to [The Weather Channel](#). It probably had something to do with its 10,220-foot elevation in the Colorado Rockies!



c. Seeking out children who have misbehaved. This made-up figure seems to be pretty mischievous himself! During an Austrian Krampuslauf (Krampus Run), herds of Krampuses — people dressed in masks and costumes — stomp down streets and play tricks on parade goers.

d. Ski ballet. Called figure skating on snow with skis, this sport was a demonstration event in the 1988 Calgary games and the 1992 Winter Olympics in Albertville, France.

d. Wood frog. This bug-eyed amphibian can survive up to seven months in a “deep-freeze” period! They can live while being completely frozen by protecting their cells using glucose, according to a study published in the [Journal of Experimental Biology](#).



a. 3,473. That's a lot of ugly sweaters! According to [Guinness Book of World Records](#), this goal was achieved by Kansas Athletics at a Kansas University men's basketball game against Montana in December 2015.

How well did you do? I know I learn some new winter wonderland trivia!



Life Insurance workshop brings importance of health to light

By Jennifer Lucy, PDS Member and 2nd V.P. CWC State Board

On October 25, 2019 Puerto Del Sol hosted a Life Insurance workshop at the North County Coastal Career Center in Oceanside. This lunch and learn event was delivered by Trang Dinh-Noonan an Investment Advisor Representative of the Transamerica Financial Advisors, Inc. PDS members, staff, and partners of the career center attended this very enlightening presentation to learn the ins and outs life insurance and received another valuable lesson; how important it is to maintain your health.

We all want to have the safety of life insurance to help our families if anything adverse happens. And yes, one aspect of staying healthy is to lower the cost of the life insurance product you may be interested for your family but more importantly good health is necessary if you intend to be there for your family. Once you retire you want to be able to enjoy those years in a healthy and capable lifestyle.

Trang gave many examples of what to consider, how to plan and staying healthy. In an effort to reemphasize the healthy lifestyle message she held a raffle for the participants. Two lucky winners; Julie Remedio and David Schaffner, won a workout towel.

Julie expressed the she learned so much new information about the various types of life insurance programs. She actually thought that she was covered by her ex-spouse but discovered she needed to plan for herself and family. Julie said, "I now understand the importance of taking care of my health now so I can not only be around for my family but I can look forward to and enjoy my retirement years".

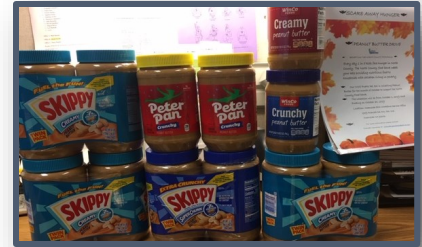


Fundraisers

Scare Away Hunger—Peanut

By Yolanda Gonzalez Puerto Del Sol 1st V.P.

The Puerto Del Sol Chapter reached out to you to donate peanut butter and make a difference in your local communities. Knowing that every day 1 in 5 kids face hunger in North County San Diego the collection of peanut butter took place during the month of October. Your efforts really paid off and we collected 66 pounds of peanut butter to donate to the North County food bank. Thank you all for your contributions which help provide nutritious food to the North County households with children living in poverty.



Toys for Tots Drive

Due to the wonderful response from our San Diego EDD staff and partners, we answered the call from the US Marine Corps., helping make their Toys for Tots drive a success. Our region contributed more than 70 new, unwrapped toys this year. The local impact of this holiday toy drive was 230,453 toys distributed supporting 53,975 less fortunate children at Christmas.

Our KRA partner Workshop Coordinator Kristi Zimsky took the cause to heart by donating a bicycle. So many great toys were brought in, so a big *Kudos* to everyone who contributed to this outstanding effort.



Reminder CWC Award Nominations due March 1, 2020

We all know that being recognized for our contributions and achievements is one aspect of our work that feeds our need to be appreciated and know our efforts make a difference in our organization and those we serve.

The California Workforce Connection (CWC) State Chapter Annual Awards Program provides an opportunity for EDD management and staff to nominate staff, peers, workforce partners, employers and community organizations for outstanding efforts, innovation, and service in workforce development. Recognize those who go above and beyond the norm by nominating an amazing manager or staff member for a CWC State Chapter award this year! Awards recognize both members and non-members for their hard work and dedication to excellence.

Things to Do this Winter in San Diego

- **Rady Children's Ice Rink at Liberty Station** **Nov. 14, 2019 - Jan. 5, 2020** radyfoundation.org/icerink
- **Free Concerts in Balboa Park—Spreckles Organ Society—every Sunday at 2:00 PM**
- **Lunar New Year TET Festival Jan. 24-26, 2020** **Mira Mesa Community Park** sdteffestival
- **San Diego Museum Month | February 1-29, 2020** sandiego/museum-month/
- **SD Gulls—Take advantage of the Gulls' Bud Light Hockey Night Out package for Fe. 22, 2020 featuring two terrace level tickets, two Bud Lights and two hot dogs for just \$49.**
san-diego-gulls-vs-stockton-heat-tickets
- **San Diego Botanic Garden** san-diego-botanic-garden

Upcoming Puerto Del Sol Events



PUERTO DEL SOL CHAPTER OF
CWC SAN DIEGO
**VOLUNTEER ONE
SATURDAY A MONTH
FOR 2020!**

**Our C.W.C. is working with
Father Joe's Village this year.
We are looking for volunteers.
Interested in joining us?**



**CALL US AT 760- 414-3544 OR
619-525-4496 OR EMAIL US FOR
MORE INFORMATION.**



**COME AND JOIN US TO MAKE A
DIFFERENCE**

- Volunteers will be able to help one Saturday per month.
- The assignment will be serving food or preparing food for the participants
- Community hours credit for students

For more information please contact:

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