## HELPFUL VERBS

| 1 | assures |
| :---: | :--- |
| 2 | attains |
| 3 | attempts |
| 4 | attends |
| 5 | audits |
| 6 | authorizes |
| 7 | averts |
| 8 | builds |
| 9 | calculates |
| 10 | capitalizes |
| 11 | carries out |
| 12 | challenges |
| 13 | checks |
| 14 | circulates |
| 15 | clears |
| 16 | coaches |
| 17 | collaborates |
| 18 | collects |
| 19 | commands |
| 20 | communicates |
| 21 | compiles |
| 22 | completes |
| 23 | compiles |
| 24 | comprehends |
| 25 | computes |
| 26 | concentrates |
| 27 | conducts |
| 28 | conforms |
| 29 | conjects |
| 30 | considers |
| 31 | consults |
| 32 | contemplates |
| 33 | continues |
| 34 | contributes |
| 35 | controls |
| 36 | conveys |
| 37 | cooperates |
| 38 | coordinates |
| 39 | copes |
|  |  |
| 1 |  |


| creates | focuses |
| :---: | :---: |
| dedicates | follow-up |
| delegates | foresees |
| demonstrates | formulates |
| determines | fosters |
| develops | fulfills |
| devotes | furnishes |
| discusses | gains |
| displays | generates |
| disseminates | gives |
| distinguishes | grasps |
| drafts | guides |
| effects | handles |
| elicits | helps |
| emanates | implements |
| emphasizes | impresses |
| employs | improves |
| empowers | influences |
| emulates | informs |
| encompasses | initiates |
| encourages | inspects |
| enforces | inspires |
| enhances | insures |
| enriches | interacts |
| ensures | interprets |
| establishes | interviews |
| evaluates | investigates |
| evidence | issues |
| evokes | judges |
| examines | keeps |
| excels | learns |
| executes | maintains |
| exercises | makes |
| exhibits | manages |
| expects | meets |
| expedites | mobilizes |
| explores | motivates |
| faces | necessitates |
| facilitates | negotiates |


| notifies |
| :--- |
| observes |
| obtains |
| operates |
| optimizes |
| orchestrates |
| organizes |
| oversees |
| paces |
| participates |
| perceives |
| performs |
| perpetuates |
| plans |
| possesses |
| practices |
| prepares |
| presumes |
| prevents |
| processes |
| produces |
| projects |
| promotes |
| proposes |
| provides |
| pursues |
| radiates |
| realizes |
| receives |
| recognizes |
| recommends |
| records |
| reflects |
| regards |
| regulates |
| reinforces |
| relates |
| relies |
| reports |


| represents |
| :--- |
| requires |
| resolves |
| respects |
| responds |
| reviews |
| revises |
| schedules |
| secures |
| seeks |
| serves |
| shows |
| solves |
| sparks |
| stimulates |
| strengthens |
| strives |
| studies |
| submits |
| supervises |
| supports |
| surmounts |
| surveys |
| sustains |
| takes |
| thinks |
| tolerates |
| trains |
| translates |
| treats |
| understands |
| uses |
| utilizes |
| verifies |
| vitalizes |
| weighs |

