

## Maximize Your Immune System

A local wellness professional will be presenting this state-of-the-art workshop on maximizing your immune system and managing stress.





Detoxify and Reverse Aging
How to Survive a Toxic World
Manage Your Stress
Prevent Disease
The Importance of a Clean Environment
The Power of Laughter



San Gabriel Valley Board Meeting - March 17th, 2022 at 12:00pm.

Presentation starts at 12:15pm for approx. 25 min. and a 15 min. Q&A session.

Presenter: Dr. Johnny Troung, a wellness expert on fighting disease from the inside out.

Click on the link below to attend:

 $\underline{https://us02web.zoom.us/j/83331400533?pwd} = \underline{bEx2ZFRyemhCQTgwVUtQaStNUEVLdz09}$ 

Meeting ID: 833 3140 0533 Passcode:893951

Contact Dadisi Elliott, SGV President to RSVP: dadisirelliot1234@gmail.com