



Invites you to join us for NAMI Walk Orange County 2022



- 1) **What:** 5K Walk for mental health
- 2) **When:** Saturday, November 19, 2022 (Rain or Shine)
- 3) **Where:** Angel Stadium; 2000 E. Gene Autry Way; Anaheim, CA 92806
- 4) **Time:** Registration Starts @ 7 a.m. 5K Walk Begins @ 9 a.m.
- 5) **New Option:** You may also choose to walk “virtually.” Walk your 5K independently on your treadmill, your local park, or around your own neighborhood.